

Session

# 4

Host/Helper Notes

## HOW CAN I HAVE FAITH?

## HOST AND HELPER NOTES

### SMALL GROUP COACHING



### BIG IDEA

This week we are looking at the evidence for believing in Christianity. Many will still be exploring faith, so continue to let

them ask questions and allow the group to respond.

1. Encourage them to consider what obstacles might keep them from having faith.
2. Remember that this is a week for guests to reflect out loud. You are not trying to push people toward any conclusion or correct any ideas they may have. Just listen and encourage. Trust that Jesus IS at the door of their heart!
3. Nicky Gumbel wrote a book called *Searching Issues* that tackles many of the core questions that come up each

week of Alpha. You may buy the book [here](#) or download it for free [here](#).



### GROUP GOAL

For guests to feel comfortable sharing their thoughts. Keep the tone casual and low pressure. Find ways to laugh together.

### PERSONAL GOAL

Pray that each guest continues to open their heart to Jesus.

## DISCUSSION QUESTIONS:

### Icebreaker:

What is your favorite meal now, or what was your favorite meal growing up? (During the discussion time you can reference this meal with the scripture, Revelation 3:20, that was shared in the video: “Behold I stand at the door and knock. If anyone hears my voice and opens the door, I will come in and eat with that person...”).

1. What does it mean to have faith in something or someone?
2. How can you have faith in something you cannot see?
3. How do you feel/what do you think about the idea of a relationship with God?
4. Encourage guests to consider what obstacles might keep them from having faith.
5. Consider discussing the picture of the famous painting, “The

Light of the World” by Holman Hunt, that was referenced in the video. Here is a link to the painting: [https://en.wikipedia.org/wiki/The\\_Light\\_of\\_the\\_World\\_\(painting\)](https://en.wikipedia.org/wiki/The_Light_of_the_World_(painting)).

(Online) You can share your screen with this image.

Here are a few questions to consider with this painting:

- What time of day do you think it is?
- What could it mean that the vines are growing up over the door?
- Any thoughts on why Jesus isn't actually looking at the door?
- If you could put yourself in this painting, what would you be doing?

